



## Education for SDGs in the Wider Community

Women University of Azad Jammu and Kashmir (WUAJ&K), Bagh, aims to promote formal and informal education so that individuals and communities can be empowered to contribute towards sustainable development. Concerning formal education, WUAJ&K continuously revised curricula to align with sustainable concepts. In addition, WUAJ&K arranges workshops, seminars, and awareness programs to facilitate the local community's awareness regarding sustainable development and practical knowledge. A few examples of such activities are provided below:

### Tree plantation activity

WUAJ&K arranged a tree plantation activity to assist the local community and contribute to sustainable development. The collaborative activity facilitated the awareness and well-being of the community by creating partnerships among the government, community schools, and various local stakeholders. It also enhanced the involvement of the local community and fostered a sense of responsibility towards environmental sustainability, ultimately contributing towards sustainable development goals. **(Evidence at Annex. I)**

### Breastfeeding week

WUAJ&K arranged a breastfeeding week for mother and child health to promote awareness regarding breastfeeding. This activity was aimed to educate and support the local women from the local community in understanding the importance of breastfeeding for them and their newborn children. It also aimed to educate and promote awareness about sustainable development goals, improving health outcomes worldwide. **(Evidence at Annex. II)**

### Seminar on women education and empowerment

WUAJ&K arranged a seminar on Women education and empowerment aimed to empower women by educating them about their rights, knowledge, and key skills necessary for their personal and societal empowerment/ development.



It also provided a platform that exclusively encouraged the involvement and commitment of the community towards gender equality and sustainable development. **(Evidence at Annex. III)**

### **Activity assisting local schools in teaching practices**

WUAJ&K frequently engages multiple student groups to assist local schools in teaching practices. The major purpose is to promote collaboration among educational institutions, communities, and schools to enhance teaching practices and promote sustainable development goals. In this regard, the faculty visits regularly to get feedback from students about the effectiveness of this activity. Engaging the community and major stakeholders will improve education quality and contribute to communities' local, sustainable development. **(Evidence at Annex. IV)**

### **Mental health screening camp**

WUAJ&K occasionally arranges mental health screening camps in collaboration with local healthcare providers and welfare organizations for local society schools, colleges, and the general public. This activity is intended to raise awareness and support and promote education regarding sustainable health within the community. It also encourages the active engagement of the local stakeholders in promoting wellbeing and mental health as an overall part of education for sustainable development. **(Evidence at Annex. V)**

**Annex. I**



## Annex. II



**WORLD BREASTFEEDING WEEK WAS CELEBRATED AT WUAJ&K TO RAISE AWARENESS OF BREASTFEEDING AMONG STUDENTS AND THE PUBLIC.**

**Annex. III**



**SEMINAR ON WOMEN EDUCATION AND EMPOWERMENT, ORGANIZED BY THE EDUCATION DEPARTMENT FOR STUDENTS AND PUBLIC**

**Annex. IV**



**TRAINING SESSIONS BY PHYSICS FACULTY MEMBERS AT READ FOUNDATION SCHOOL AND COLLEGE, BAGH**

**Annex. V**



**MENTAL HEALTH SCREENING CAMP AT AGHOSH ALKHIDMAT BAGH**