



Times Higher Education
Impact Rankings



SDG Progress Report

2023

**SUSTAINABLE
DEVELOPMENT
GOALS**

Women University of AJ&K Bagh

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1 NO
POVERTY



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Introduction

The Sustainable Development Goals (SDGs), also known as Global Goals, are a set of 17 integrated and interrelated goals to end poverty, protect the planet and ensure that humanity enjoys peace and prosperity by 2030.

The Sustainable Development Goals (SDGs) represent a global framework that fosters a more equitable, sustainable, and resilient world by 2030. This report focuses on the implementation and progress of SDG 1 (No Poverty), SDG 4 (Quality Education), SDG 5 (Gender Equality), SDG 13 (Climate Action), and SDG 17 (Partnerships for the Goals) at the Women University of Azad Jammu and Kashmir for the year 2023.

In a region marked by socio-economic challenges, our commitment to eradicating poverty and ensuring inclusive quality education is vital for empowering women and girls. Achieving gender equality is a fundamental human right and a crucial foundation for a peaceful, prosperous, and sustainable world. Furthermore, addressing climate change through targeted actions is essential to safeguard our environment for future generations. Collaborative partnerships at local, national, and global levels will enhance our efforts to meet these goals. This report provides an overview of our initiatives, progress, and challenges while emphasizing the pivotal role of education and gender empowerment in driving sustainable development in our community.

Message from Vice Chancellor



The Women University of Azad Jammu and Kashmir Bagh is the only public sector University of the State established to provide Higher Education opportunities to the females of Azad Jammu and Kashmir and other part of the country. The University is playing a vital role to contribute in the society and is committed to empower women through Higher Education. Being a firm believer of the gender equality, I am honored that I have been given the leadership role in this University. It is reality that women at present are powerful contributors in economy of many countries. I am certain that women must be given an equal opportunity in education and other areas of life. As head of this institution I am fully aware about the challenges of this newly established University. We are committed to put every effort for its development and will make it a quality Higher Education institution of the State. We believe that in this University every individual has the potential to play a significant role in development process.

Quality Education

Women Empowerment

Sustainability

No Poverty

Clean Environment

Priority SDGs



There are 17 SDGs and 169 targets in total. All of these are important and currently we are mainly focusing on five SDGs, and aim to extend these in the next years





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1 NO
POVERTY



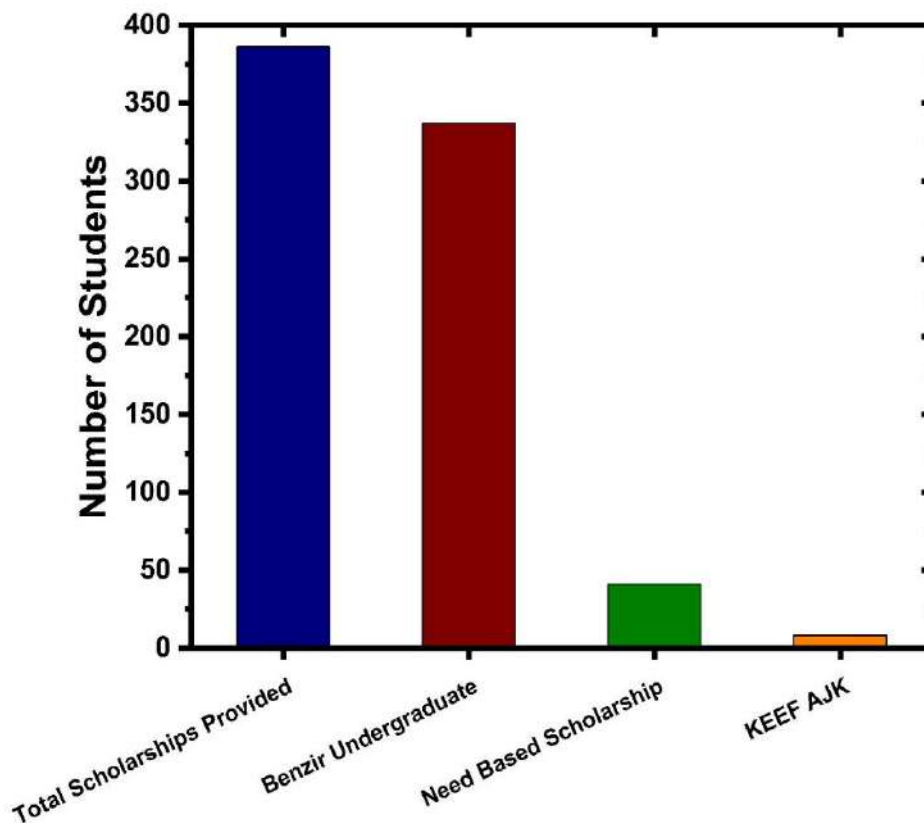
SUSTAINABLE DEVELOPMENT GOALS

WOMEN UNIVERSITY OF AJ&K BAGH
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Scholarships

Women University of Azad Jammu and Kashmir (WUAJ&K) Bagh is committed to admitting students from the bottom 20 % of household income groups and supporting them through numerous scholarships in different categories. To **serve students from low-income families**, the university has made a concerted effort to provide various scholarships. As a result, approximately 20% of the students received scholarships, demonstrating a strong commitment to making education accessible to all. Furthermore, The WUAJ&K Bagh is **dedicated to supporting disabled students** by offering wheelchair facilities for enhanced mobility across the campus. Department assistants are available to help these students move between classrooms, access the library, and reach the university bus stop, ensuring they have complete access to all resources and services. Finally, The WUAJ&K Bagh provides relaxation to students admitted to **refugee seats**. Each department has one seat for refugees in each session of the undergraduate program. The details of scholarships provided in the year 2023 are provided in the following graph.





Programs for Low-Income Students Support

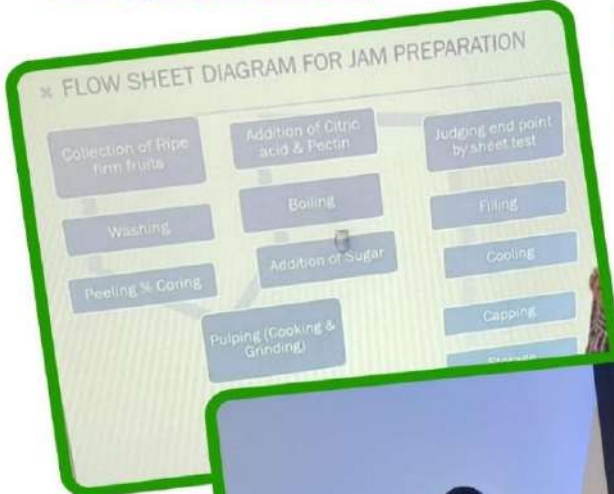
The University designed several programs to provide the necessary resources and opportunities to help these students overcome financial barriers and succeed academically. For instance, **economic support in tragedies** with students, **job opportunities** in research projects, **free healthcare services, counseling,** and **mental health services, discounted and quality food** in the hostel/ cafeteria, access to **computer/ internet facilities** for freelancers (only for female students after working hours), workspace **training programs, discounted transport facilities,** and free **ambulance** service (for first aid/ near hospitals). Moreover, in alignment with our commitment to the Sustainable Development Goals (SDGs), we are also extending the waiver to students from **low- and lower-middle-income countries**, subject to the fulfillment of admission eligibility criteria provided on the university website.

Local Start-up Assistance

To support the local community surrounding the WUAJ&K, where the excellent weather conditions are ideal for gardening, sericulture, and fruit plantation, we are committed to fostering financially and socially sustainable businesses. Recognizing the potential for significant income generation in these areas, we have organized workshops providing relevant education and resources. These workshops include mentorship programs, training sessions, and access to university facilities. Furthermore, (WUAJ&K) Bagh actively contributes to achieving the Sustainable Development Goals (SDGs) by providing substantial financial support to the local community. Key initiatives include free seed distribution to the community and financial support for establishing sericulture units. The photographs on the next pages show the several training, seminars, and initiatives taken by WUAJ&K for the assistance of the local community.

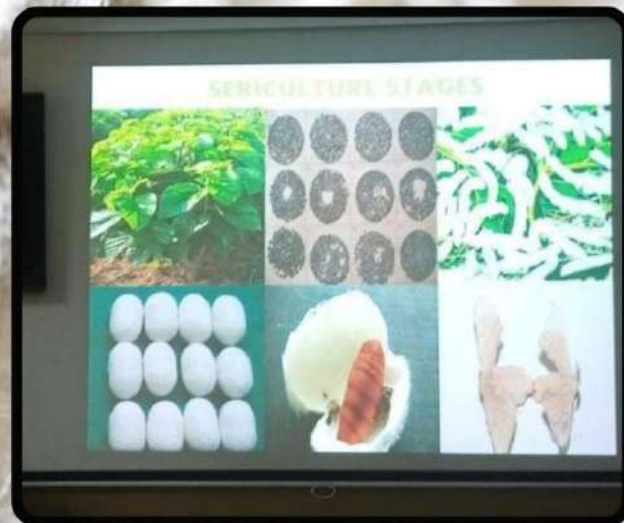


KITCHEN GARDENING WORKSHOP





**SERICULTURE
WORKSHOP
&
ESTABLISHMENT OF
SERICULTURE UNIT**





PLANTING AND CRAFTING WORKSHOP





WOMEN UNIVERSITY OF AZAD JAMMU & KASHMIR

SEMINAR

IMPACT OF CLIMATE CHANGE ON WATER RESOURCES PROBLEMS AND MITIGATIONS

DATE March 21, 2023

TIME 10:00am to 2:00pm

GUESTS

Eng. Zaheer Gardazi
Former DG Watsan ERRA &
Former DG Local Government AJK

Mr. M. Shafique Abbasi
Director Environmental
Protection Agency AJK

Mr. Akram Aziz
Incharge PCRWR Regional Office AJK
Muzaffarabad, Government of Pakistan

Organized by Green Youth Movement Club and Botanical Society

WATER RESOURCES PROBLEMS AND MITIGATION SEMINAR





Programmes for Services Access

The WUAJK Bagh ensures equitable access to basic services for all its students and the broader community. The university has implemented various programs to enhance accessibility to educational resources, healthcare, counseling, and financial support. These initiatives include a range of seminars and workshops on health, nutrition, food security, and mental health counseling to support student well-being, free healthcare services, support in education in the form of scholarships, discounted hostel charges, discounted and quality food in the hostel and discounted transport facility and free shuttle service. Additionally, the free access to university resources for freelancers and provides clean drinking water to the community. The university collaborates with local NGOs and government agencies to extend these services to the wider community, particularly in underserved regions.



OPEN FOR PUBLIC

AWARENESS SEMINAR ON HYGIENE & SANITATION

Promoting Health and Well-being through Clean Practices

SPEAKER MARYAM SHARIF

Organized by Department of Allied Health Sciences WUAJ&K Bagh

HEALTH SEMINARS 2023



SEMINAR ON "HYGIENE & SANITATION" ORGANIZED BY THE DEPARTMENT OF ALLIED HEALTH SCIENCES





WATER FILTRATION PLANT AT WUAJ&K BAGH



OPEN FOR PUBLIC **HEALTH SEMINARS 2023**

SEMINAR ON

Health, Nutrition and Food Security

SPEAKER **DR. SADAF TARIQ**

Organized by
Department of Allied Health Sciences WUAJ&K Bagh

SEMINAR ON "HEALTH, NUTRITION, AND FOOD SECURITY" ORGANIZED BY DEPARTMENT OF ALLIED HEALTH SCIENCES





FINANCIAL ASSISTANCE TO LOCAL COMMUNITY





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SUSTAINABLE DEVELOPMENT GOALS

WOMEN UNIVERSITY OF AJ&K BAGH
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Public Events

The Women University of Azad Jammu and Kashmir (WUAJ&K) actively hosts educational events at the university that are open to the general public to foster lifelong learning, skill development, and community engagement. These events cover various topics, giving people from different backgrounds a chance to learn new skills and knowledge, including women's education and empowerment, breastfeeding week, kitchen gardening, planting and crafting, sericulture, and water resources.



SEMINAR ON WOMEN EDUCATION AND EMPOWERMENT, ORGANIZED BY THE EDUCATION DEPARTMENT FOR STUDENTS AND PUBLIC



WORLD BREASTFEEDING WEEK WAS CELEBRATED AT WUAJ&K TO RAISE AWARENESS OF BREASTFEEDING AMONG STUDENTS AND THE PUBLIC.



PLANTING AND CRAFTING WORKSHOP

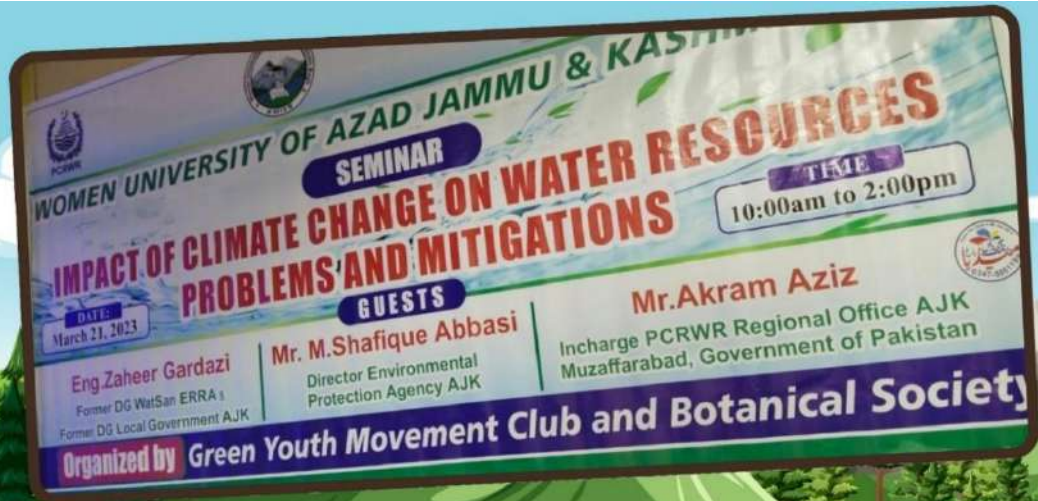




Establishment of Sericulture unit
Through Mulberry Cultivation
A Joint Venture of Department
of **Sericulture**, Govt. AJK &

**SERICULTURE
WORKSHOP
&
ESTABLISHMENT OF
SERICULTURE UNIT**





WOMEN UNIVERSITY OF AZAD JAMMU & KASHMIR

SEMINAR

IMPACT OF CLIMATE CHANGE ON WATER RESOURCES PROBLEMS AND MITIGATIONS

DATE: March 21, 2023

TIME: 10:00am to 2:00pm

GUESTS

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WATER RESOURCES PROBLEMS AND MITIGATION SEMINAR





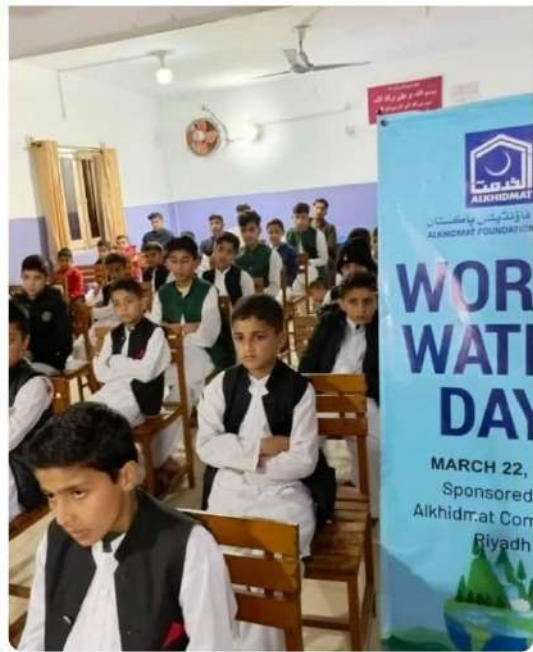
Education Outreach Activities Beyond Campus

WUAJ&K actively engages in educational outreach activities beyond its campus. These initiatives aim to promote learning and skill development in the broader community. WUAJ&K organizes several visits to schools and colleges to foster collaboration and provide students with opportunities to explore higher education and career pathways. This includes a lecture on World Water Day at Aghosh al-Khidmat Bagh, training sessions at Read, Foundation School and College, Bagh, training at Girls Middle School Arja, and a workshop at Government Girls High School Nandrai.



TRAINING SESSIONS BY PHYSICS FACULTY MEMBERS AT READ FOUNDATION SCHOOL AND COLLEGE, BAGH





LECTURE AT "AGHOSH ALKHIDMAT BAGH" REGARDING WORLD WATER DAY BY DR. SHARAFT, DR. ANEES AND DR. TUFAIL



WORKSHOP AT GOVERNMENT GIRLS HIGH SCHOOL NANDRAI BAGH AZAD KASHMIR BY THE DEPARTMENT OF ENGLISH



TRAINING AT GIRLS MIDDLE SCHOOL ARJA BAGH AZAD KASHMIR BY THE DEPARTMENT OF ENGLISH

Public Resources

The Women University of Azad Jammu and Kashmir (WUAJ&K) is committed to promoting lifelong learning by providing free access to educational resources for the broader community. The University aims to empower individuals beyond our students, ensuring that education remains accessible to all, regardless of their formal academic status. It includes free courses and training workshops (open for all females), access to campus facilities, and access to online resources.



MODEL LESSON PLANS FOR TEACHING PRACTICE IN DIFFERENT COMMUNITY SCHOOLS



SEMINAR ON DIAGONOSIS AND TREATMENT OF CANCER



STUDENTS FROM THE CAMBRIDGE SCHOOL SYSTEM BAGH VISITED THE LIBRARY AT WUAJ&K BAGH, TO ACCESS EDUCATIONAL RESOURCES



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5 GENDER
EQUALITY



SUSTAINABLE DEVELOPMENT GOALS

WOMEN UNIVERSITY OF AJ&K BAGH
SDG PROGRESS REPORT 2023



Focus on Women Education and Empowerment

As an institution dedicated exclusively to the education and empowerment of women, the university operates under a clear mandate established by the Act of Women University of Azad Jammu and Kashmir (WUAJ&K) Bagh (2014). The act is available online: <https://nasirlawsite.com/laws/wuajkb.htm>

According to Clause 5 of this act:

"University open to all Female Gender. - (1) The University shall be open to women students only and no woman shall be denied the privilege of the University on the grounds of religion, race, class, colour or creed."

This mandate underscores our fundamental commitment to inclusivity and equal opportunity. We systematically track women's application and acceptance rates to ensure compliance with this legislative requirement.

For 2023, we are pleased to report that our university has achieved a 100% rate in both the application and acceptance of women. Every woman student who has applied to our institution (fulfilling essential eligibility criteria for admission in a specific program) has been granted entry, reflecting our unwavering adherence to the principle of equal access protected in the Act of WUAJ&K 2014.

Our comprehensive tracking system accurately records and analyses application data to ensure our admissions process is transparent and equitable. By maintaining this 100% acceptance rate, we fulfill our legal obligation and commitment to fostering a supportive educational environment where all women can pursue their academic and professional aspirations without barriers.

This success highlights our dedication to establishing an inclusive academic community where women from diverse backgrounds can contribute meaningfully. As we continue to uphold these principles, we remain focused on ensuring that our university remains an institute of equal opportunity and empowerment for all women.



Women's Access Schemes

At WUAJK, we are dedicated to empowering women through a comprehensive range of access schemes designed to support their academic and professional development. Our initiatives include various scholarships to alleviate financial barriers and promote educational excellence. Additionally, we offer career counseling services to guide women in making informed career choices and achieving their professional goals. We provide training in freelancing and other essential areas to further enhance their skills and employability. Moreover, we offer opportunities for participation in extracurricular activities, such as debate society and various clubs. These activities foster leadership skills, creativity, and teamwork, enriching the educational experience. These schemes are part of our commitment to fostering an inclusive and supportive environment that equips women with the tools they need to succeed.

Women's application in underrepresented subjects

In 2023, WUAJ&K observed a notable reduction in female admissions, particularly in the natural and some social sciences departments. To address this reduction, we have launched targeted initiatives to inspire and support female students in these underrepresented fields.

Our faculty members are actively involved in outreach efforts to bridge this gap. For instance, the Physics faculty recently conducted outreach events at Read Foundation School and College in Bagh. During these visits, distinguished faculty members, including Dr. Adeel Younis, Mr. Azhar Saeed, Mr. Ayyaz Ahmed, and Mr. M. Wazir, led engaging workshops, demonstrated experiments, and discussed theoretical concepts. These activities provide hands-on experience and emphasize the diverse benefits and career opportunities available in natural and social sciences. Besides this, many faculty members visited several government schools and colleges in the district to raise awareness about higher education, choice of subjects, and career opportunities.



TRAINING SESSIONS BY PHYSICS FACULTY MEMBERS AT READ FOUNDATION SCHOOL AND COLLEGE, BAGH





FACULTY VISIT TO CAMBRIDGE INTERNATIONAL SCHOOL BAGH TO DISCUSS HIGHER EDUCATION ADMISSIONS AND SUBJECT CHOICES



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SUSTAINABLE DEVELOPMENT GOALS



Commitment to Carbon-Neutral University

The Women University of Azad Jammu and Kashmir (WUAJ&K) is actively playing a crucial role in its journey toward becoming a carbon-neutral university through various strategic initiatives. The university is focused on teaching and research practices to increase citizens' awareness and several initiatives are taken.

Gas Emission Reduction

The WUAJ&K initiated a campus shuttle service in 2020 for students and staff, significantly reducing reliance on private cars within the university premises to reduce carbon emissions from private vehicles. Several shuttle buses at different times (8 am to 4 pm) are operated by a university transport office for students, administration, and faculty for the Banni Passari and Sahalian Campus. The reduction of private cars in the University Campuses directly reduces fuel burn from the vehicles. In this way, the university is effectively minimizing carbon emissions associated with transportation, promoting a cleaner and more sustainable campus environment.

Plastic Waste Management

The university is taking important steps to decrease waste and its environmental impact. These efforts contribute to a more sustainable campus and support the goal of achieving carbon neutrality. The university has worked on Zero Waste Management practices and approved a Plastic waste management policy that fulfills the requirements of many SDGs. Some of the strategies applied to help achieve the goal of Zero Waste as well as plastic management are given below:

Landfill waste: The collected plastic waste was packed in cargo bags and delivered to landfill areas for proper disposal. The use of plastic material is reduced in Women's University, where using paper or organic bags is promoted.

Disposable material: Reduce the use of paper, disposables, and all non-essentials.

Public awareness: Campaigns and seminars at the Women's University increased awareness among students, faculty, and the community regarding threats to the environment and their potential solutions.



State-of-the-art transportation services for students, faculty, and staff, connecting campuses and surrounding tehsils

Tree Plantation on University Premises

At WUAJK, locations other than buildings are considered for planting annually during the spring and monsoon seasons. More than 70 percent of our university is covered with trees and other vegetation that plays a significant role in carbon sequestration. Moreover, the university is focused on increasing green cover across its campus. Through tree planting campaigns and the enhancement of green spaces, Women's University is not only improving biodiversity but also enhancing its capacity to sequester carbon.







Use of Hydroelectric Power as a Main Source

The WUAJ&K main power source is hydropower provided by the AJK Electricity Department. By relying on this renewable energy, we effectively avoid the carbon emissions associated with traditional power generation methods, such as diesel generators, and align with our commitment to low-carbon energy tracking.

Renewable Energy Integration

Solar Power: Given the ample daylight, small-scale solar systems have been installed across the split campuses, providing clean energy for campus operations and reducing reliance on grid power. Additionally, permanent infrastructure is under construction, where installing high-power solar systems is considered to enhance sustainable energy use.

Solar Water Heating: The WUAJ&K utilizes solar thermal systems for hot water needs. This aligns with abundant sunlight and reduces the need for electric water heaters.

Maximize Daylight Utilization

At WUAJ&K, classroom and office designs are optimized to maximize natural daylight. Windows are strategically placed, and interior spaces are oriented to ensure maximum sunlight penetration, contributing to a more sustainable environment.

Excellent Weather Conditions

Natural Ventilation: At WUAJ&K, strategically placed windows and vents optimize airflow, helping maintain comfortable indoor temperatures without air conditioning.

Shaded Areas: Shaded zones around buildings enhance cooling by preventing direct sunlight, contributing to the overall heat reduction inside.

Thermal Mass: Buildings incorporate materials with high thermal mass that absorb and release heat throughout the day. This helps to stabilize indoor temperatures, reducing the need for additional cooling or heating.



Forest Location: The campus is forested and surrounded by many trees. This natural environment plays a key role in controlling and stabilizing temperatures across the campus, reducing the reliance on mechanical cooling systems.

Optimize UPS Use

Energy Efficiency of UPS Systems: Regularly maintain and ensure that UPS systems are energy-efficient. If they are outdated, consider upgrading to more energy-efficient models.

Smart Power Management: Implement innovative power management practices to optimize UPS backups. This includes managing load distribution and ensuring that only the UPS powers essential equipment.

Energy Conservation Initiatives

Energy Audits: The WUAJ&K conducts regular energy audits to identify and address inefficiency. The audits focus on insulation, window glazing, and other energy-saving measures.

Behavioral Practices: At WUAJ&K, energy-saving behaviors such as unplugging devices and minimizing unnecessary electrical equipment use are actively encouraged across the campus. To further promote these practices, notices are placed in every classroom, reminding students and staff to turn off lights when not in use. Additionally, security staff conduct daily evening inspections to ensure compliance.



Local Education Programs on Climate

The WUAJ&K Bagh is taking various steps to promote climate awareness among the community through educational programs. The university has organized several programs focused on climate change. These programs include mentorship programs, training sessions, and access to university facilities.

Planting and Crafting Workshop

Objective: Foster climate resilience through sustainable planting and eco-friendly crafting. Participants can learn about native plants that support local ecosystems and carbon sequestration.

Activities:

- Hands-on planting of drought-resistant and native species.
- Crafting items from biodegradable or recycled materials reduces waste and promotes sustainability.

Impact: Enhances community knowledge of biodiversity and its role in combating climate change.

Water Resource Management Workshop

Objective: Educate the community on sustainable water practices to mitigate climate impacts. Understanding water conservation is crucial as climate change leads to altered rainfall patterns and water scarcity.

Activities:

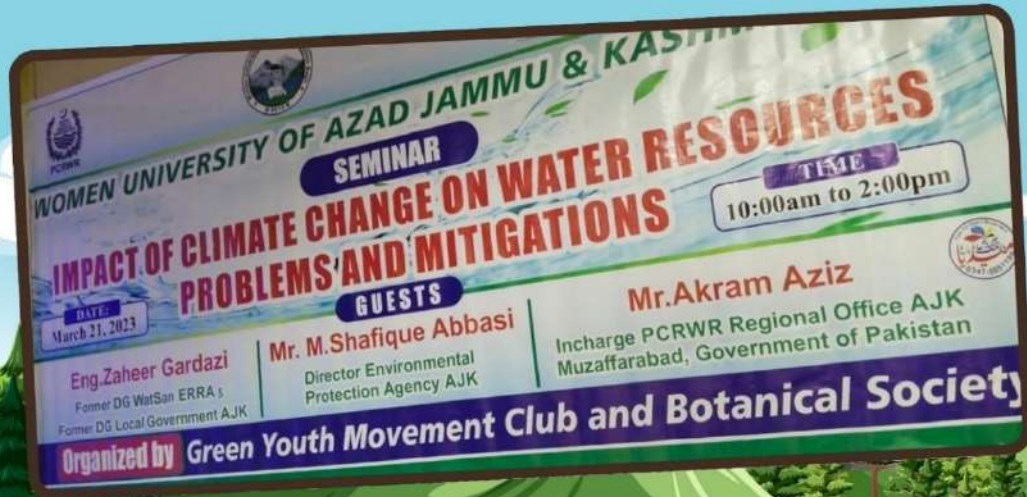
- Training on efficient irrigation techniques and rainwater harvesting systems.
- Discussions on the effects of climate change on local water resources.

Impact: Empower participants to implement water-saving measures, enhancing resilience to climate-related water challenges.



PLANTING AND CRAFTING WORKSHOP





WATER RESOURCES PROBLEMS AND MITIGATION SEMINAR





Kitchen Gardening Workshop

Objective: Promote local food production and sustainable practices to reduce carbon footprints. Growing food locally decreases reliance on transportation, contributing to greenhouse gas emissions.

Activities:

- Instruction on organic gardening techniques that preserve soil health and biodiversity.
- Workshops on composting to reduce organic waste and enhance soil fertility.

Impact: Participants gain skills to sustain food, fostering self-sufficiency and resilience against climate impacts.

Sericulture Workshop

Objective: Introduce sustainable silk production as a climate-friendly agricultural practice. Through the cultivation of mulberry trees, sericulture can contribute to sustainable livelihoods while promoting biodiversity.

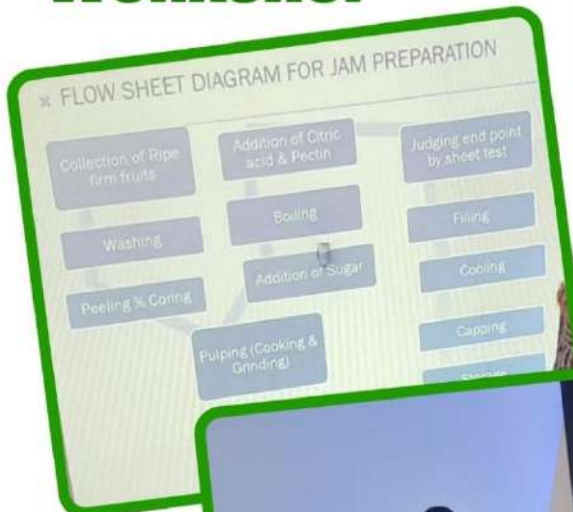
Activities:

- Education on the lifecycle of silkworms and environmentally friendly rearing practices.
- Workshops on creating silk products that emphasize sustainable sourcing.

Impact: Participants learn to engage in sustainable agriculture, creating economic opportunities while mitigating climate effects.

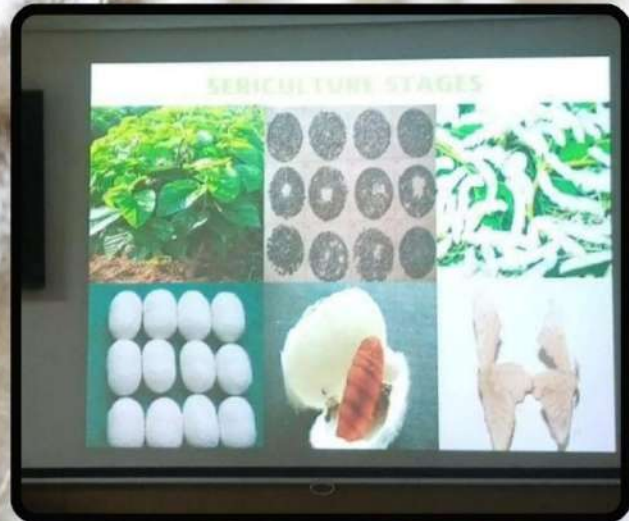


KITCHEN GARDENING WORKSHOP





SERICULTURE WORKSHOP & ESTABLISHMENT OF SERICULTURE UNIT





Seminars on Sanitation and Hygiene

Organizing seminars on sanitation and hygiene educates the community about best practices and improves public health. This **helps the government reduce disease rates and hospital overcrowding**. The WUAJ&K frequently organizes seminars to support the local government. Collaborating with health officials and NGOs can amplify these efforts, aligning community goals with governmental health policies.

Community Cleanliness Initiatives


A cleanliness drive involves community engagement to clean public spaces, promote hygiene, and raise awareness about the importance of cleanliness. The WUAJ&K organizes seminars on this topic, highlighting its commitment to supporting government efforts in this area.

Local governments can mobilize citizens by organizing these drives, fostering a sense of responsibility and ownership over public health. Supporting these initiatives helps the government in its mission to improve urban sanitation and environmental conditions.

Promoting Sustainable Agriculture

Sustainable agriculture initiatives support the government's efforts to ensure food security and environmental sustainability. The WUAJ&K organizes seminars on this topic, demonstrating its commitment to advancing these important goals. By encouraging practices that conserve resources and protect ecosystems, these programs can reduce reliance on harmful chemicals, improve soil health, and enhance biodiversity. The successes of these initiatives can inform government policies, leading to broader adoption of sustainable practices.






OPEN FOR PUBLIC

AWARENESS SEMINAR ON

HYGIENE & SANITATION

Promoting Health and Well-being through Clean Practices

SPEAKER

MARYAM SHARIF

HEALTH SEMINARS

2023

Organized by

Department of Allied Health Sciences WUAJ&K Bagh



SEMINAR ON "HYGIENE & SANITATION" ORGANIZED BY THE DEPARTMENT OF ALLIED HEALTH SCIENCES









Environmental Education Collaboration with NGOs

The WUAJ&K actively collaborates with NGOs to address climate change through various impactful community activities.

Environmental Change Makers

The Environmental Change Makers (ECM) is a non-governmental organization (NGO) based in Islamabad, Pakistan, that promotes environmental sustainability and awareness. On 01.03.2023, the WUAJ&K and the ECM signed a Memorandum of Understanding (MoU) focusing on research, education, advocacy, and practical climate change and sustainability solutions.

National Cleaner Production Center

The National Cleaner Production Centre (NCPC) has established a promising collaboration with the WUAJ&K, aiming to contribute towards achieving the Sustainable Development Goals (SDGs), with a particular focus on environmental sustainability.



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17 PARTNERSHIPS
FOR THE GOALS



SUSTAINABLE DEVELOPMENT GOALS

WOMEN UNIVERSITY OF AJ&K BAGH
SDG PROGRESS REPORT 2023

Partnership with NGOs for the Goals

The Women University of Azad Jammu and Kashmir (WUAJ&K) Bagh directly participates with government and non-government organizations (NGOs) in SDG policy development, including identifying problems and challenges and developing policies and strategies.

A few examples of relationships with NGOs are as follows:

Alkhidmat Foundation Pakistan

Faculty members from WUAJ&K Bagh play a key role in the policy-making process for Aghosh Alkhidmat Bagh, a project by the Alkhidmat Foundation Pakistan dedicated to providing humanitarian services to orphans. Dr. Anees Abbasi, a lecturer in the Department of Computer Science and Information Technology and a member of the management committee of Aghosh Alkhadmat Bagh, is particularly involved in policy-making and administration.

Aljiza Welfare Foundation for Disabled Persons

ALJIZA Welfare Foundation is a local organization for disabled people. Several faculty members of WUAJ&K Bagh contribute to this organization, which provides humanitarian services to disabled people. Dr. Abdul Muteen, an Assistant Professor of the Department of Economics, and Mr. Asif, an employee of WUAJ&K, regularly participate in the policy-making and administration of this organization.

Mental Health Screening Camp at Aghosh Alkhidmat Trust

BS Psychology students and teachers from WUAJ&K organized a mental health screening camp (April 7, 2023) at Aghosh Alkhidmat Trust in Bagh. This initiative aimed to provide essential mental health services to the community, offering screenings, assessments, and support to needy individuals.



Aghosh Alkhidmat Bagh

A Project of ALKHIDMAT FOUNDATION PAKISTAN



Ref No: AGH-BGH-072

Date: 05-05-2023

TO WHOM IT MAY CONCERN

It is certified that **Dr. Anees Qumar Abbasi**, Faculty member at the Women University of Azad Jammu and Kashmir, Bagh, has been working voluntarily with Alkhidmat Foundation Pakistan as a member of the Management Committee Aghosh Alkhidmat Bagh from 2016 to onwards.

Alkhidmat Foundation Pakistan is one of the leading non-profit organizations, fully dedicated to humanitarian services since 1990. Aghosh Homes offer unmatched boarding and lodging facilities on the pattern of a Cadet College to reshape the personality of orphan kids. Aghosh Alkhidmat Homes are providing excellent Lodging, Education, and Health Care facilities to 1,627 Orphans in 21 Aghosh Homes across Pakistan.

Dr. Anees Qumar Abbasi has been involved in overall policy-making and organization/administration of the Aghosh Alkhidmat Bagh besides serving as head of the Educational Committee of Aghosh Alkhidmat Bagh on a volunteer basis.

Yasir Bin Afsar
Administrator
Aghosh Alkhidmat Bagh

PIMA Hospital Road, Grid Colony, Bagh, Azad Kashmir
Tel:00928523445468 E-mail: aghosh.bagh@alkhidmat.org Web: aghoshbagh.org



Al-Khidmat Foundation
Bagh Azad Kashmir



الخدمت فاؤنڈیشن باغ آزاد کشمیر

Ref No: AKFB/01/2024

Date: 20-08-2024

To Whom It May Concern

This letter certifies that Dr. Anees Qumar Abbasi, faculty member at Women University of AJK Bagh has been an active volunteer with Alkhidmat Foundation Pakistan "Registered"

He has demonstrated exceptional dedication, enthusiasm, and commitment to our humanitarian causes.

Dr. Abbasi has participated in various programs, including engagement of Women University of Bagh AJK's staff and students in the Alkhidmat different social services activities .Their contributions have been invaluable to our organization, and their passion for making a positive impact is truly commendable.

Sincerely,

Muhammad Maqsood Sabir

President Alkhidmat Foundation Pakistan"Rgd

Distt Bagh Ajk

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آغوش کے باہمت بچوں کے ساتھ ویمن یونیورسٹی باغ کے شعبہ کمپیوٹر سائنس و انفارمیشن ٹیکنالوجی کے فیکلٹی ممبران ڈائریکٹر انفارمیشن ٹیکنالوجی ڈاکٹر انیس قمر عباس، ایڈ شیبہ کمپیوٹر سائنس ڈاکٹر گوہر رحمان پختانی، ڈاکٹر شاہد اقبال اور ڈاکٹر جواد نے افطاریہ کی اور شعبہ کی طالبات اور فیکلٹی کی بنیاد سے ڈویشن جمع کروائی۔ باہمت بچوں کے لیے افطار ڈانز کا اہتمام "انجیب جیولز" زبان چوک کے ایم ڈی خواجہ عمیر عرف سیری زرگری کی طرف سے کیا گیا تھا۔ اس موقع پر صدر الخدمت قانونی سائنس باغ سردار مقصود صابر، ایڈمنسٹریٹر آغوش یاسر بن افسر اور سیکرٹری کینی کے پیڑیں راجہ اعجاز نے آغوش کے متعلق بریفنگ دی اور یونیورسٹی کی طرف سے تعاون کو سراہا۔ ایڈمنسٹریٹر آغوش کے ساتھ ہر ممکن تعاون کی یقین دہانی کروائی اور بچوں کو IT کے جدید کورسز گرانٹس کے لیے اقدامات کرنے کا عزم کیا۔ فیکلٹی ممبران نے مستقبل میں بھی آغوش کے ساتھ ہر ممکن تعاون کی یقین دہانی کروائی اور بچوں کو IT کے جدید کورسز گرانٹس کے لیے اقدامات کرنے کا عزم کیا۔



Donation activity from Faculty members of WUAJ&K Bagh



Group Picture of Faculty members of WUAJ&K with the Aghosh team



Faculty members of WUAJ&K visited the ALJIZA organization.



Mr. Asif (an employee of WUAJ&K) received the award for his volunteer work



MENTAL HEALTH SCREENING ARRANGED BY DEPARTMENT OF EDUCATION

Life Welfare Society Bagh

Life Welfare Society, a local non-governmental organization, organized an eye screening camp at the School of Special Education, providing essential eye care services to students with special needs. The camp aimed to identify and address vision-related issues, ensuring that the students receive the necessary treatment and support. Mr. Asif, representing the university, coordinated with the NGO to facilitate this initiative, highlighting the collaborative efforts between the educational institution and the NGO in promoting the community's well-being. The event underscored the society's dedication to improving the quality of life for individuals with special needs.

Blood Donation Camp in Bagh

On September 12, 2023, WUAJ&K coordinated with local NGO ALJIZA to organize a blood donation camp. Employees and students of WUAJ&K are actively involved with the blood donation camp at ALJIZA organization, playing a vital role in serving humanity by creating awareness and motivating individuals to donate blood. This campaign focuses on helping patients suffering from blood-related diseases by ensuring a steady supply of blood, which is essential for life.

Read Foundation School Bagh

In collaboration with Read Foundation School Bagh, WUAJ&K organizes workshops and seminars for local society. The university also participates in several welfare initiatives by these organizations, i.e., providing free education to orphans and needy students. In this regard, the university directs the students to volunteer in teaching practices in their free time (summer vacations); specifically, the senior students of the Department of Education are sent there for their final year projects, internships, and teaching practices to contribute to sustainable development goals.



Life Welfare Society arranged an eye screening camp in the School of Special Education. Mr Asif coordinated with the NGO on behalf of the university.



Blood donation by students of women university



Cross-Sectoral Dialogue about SDGs

WUAJ&K Bagh is dedicated to advancing the SDG 2030 agenda across its networks, utilizing its partnerships and resources to create a meaningful impact toward achieving the SDG goals. A few examples are given below:

Training Program Funded by British Council at FJWU

At the national level, we are committed to promoting cross-sectoral dialogue and driving impactful change aligned with the SDGs. Dr. Tahira and Ms. Tehzeeb Mahreen participated in the training program organized by Fatima Jinnah Women University (FJWU) Rawalpindi in August 2023, focused on Bridging the Gender Gap (SDG 5): Creating Women Leaders through Mentoring and Coaching in Pakistan funded by the British Council.

Seminar on Cyber Security in Collaboration with the Government

We recently organized a seminar (May 17, 2023) on cybersecurity and the use of social media in collaboration with the Planning and Development Department of the Government of AJ&K and UNDP. It highlighted its importance in advancing several Sustainable Development Goals (SDGs), including Quality Education (Goal 4) and Peace, Justice, and Strong Institutions (Goal 16). By enhancing awareness and skills in cybersecurity, we empower individuals and communities, fostering resilience and innovation (Goal 9). Our discussions emphasized the need for collaboration (Goal 17) to create a safer digital environment, ultimately supporting sustainable development and protecting our shared future.

US- Pakistan Universities Partnership

Quality education is essential for achieving sustainability, a core objective of SDG 4. Through quality education, individuals gain the knowledge, skills, and values needed to foster sustainable practices, address global challenges, and contribute to the long-term well-being of societies.

Faculty members from the Department of Economics and Management Sciences actively participated in a workshop at various universities in Azad Jammu & Kashmir (AJ&K), Gilgit-Baltistan (GB), and Khyber Pakhtunkhwa (KPK). The workshop aimed to enhance the teaching and research capabilities of the faculty, foster professional development, and encourage the exchange of ideas and best practices among the participants. The involvement of WUAJ&K faculty members in this initiative demonstrated their commitment to continuous learning and improving the quality of business education in the region.

Pakistan-US Alumni Network

The Women University of AJ&K faculty members participated in the Pakistan-U.S. Alumni Network (PUAN) conference, titled *Building the Workforce of the Future*, held on November 29-30, 2023, in Islamabad. The event emphasized fostering educational excellence and innovative skills to prepare students and professionals for future challenges. Through this collaboration, the university aimed to strengthen its commitment to providing high-quality education that empowers individuals and contributes to the broader goals of sustainable development.



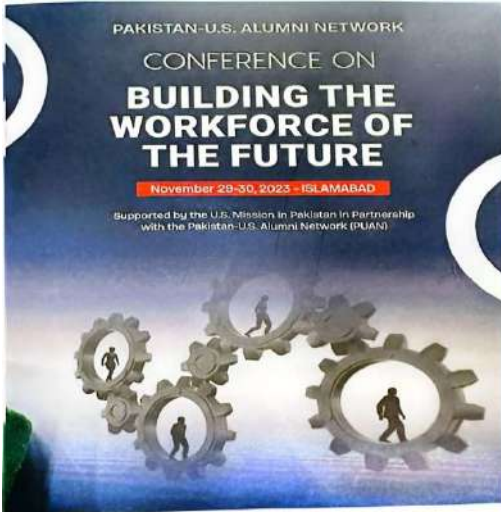
Dr. Tahira, Department of Biotechnology, and Ms. Tehzeeb Mahreen, Department of Education, participated in the training program organized by Fatima Jinnah Women University



Seminar with local administration on the use of social media and challenges concerning cyber security



Faculty members of the Department of Economics and Management Sciences participated in the workshop on Capacity Building Initiative for the Faculty of Business of the different universities of AJ&K, GB, and KPK



Education for SDGs in the Wider Community

Women University of Azad Jammu and Kashmir (WUAJ&K), Bagh, aims to promote formal and informal education so that individuals and communities can be empowered to contribute towards sustainable development. WUAJ&K arranges workshops, seminars, and awareness programs to facilitate the local community's awareness regarding sustainable development and practical knowledge. A few examples of such activities are provided below:

Tree Plantation Activity

WUAJ&K arranged a tree plantation activity to assist the local community and contribute to sustainable development. The collaborative activity facilitated the community's awareness and well-being by creating partnerships among the government, community schools, and various local stakeholders. It also enhanced the local community's involvement and fostered a sense of responsibility towards environmental sustainability, ultimately contributing to sustainable development goals.

Breastfeeding Week

WUAJ&K arranged a breastfeeding week for mother and child health to promote awareness regarding breastfeeding. This activity aimed to educate and support the local women in the community in understanding the importance of breastfeeding for them and their newborn children. It also aimed to educate and promote awareness about sustainable development goals, improving health outcomes worldwide.

Seminar on Women Education and Empowerment

WUAJ&K arranged a seminar on Women's education and empowerment, which aimed to empower women by educating them about their rights, knowledge, and key skills necessary for their personal and societal empowerment/ development. It also provided a platform that exclusively encouraged the involvement and commitment of the community towards gender equality and sustainable development.





WORLD BREASTFEEDING WEEK WAS CELEBRATED AT WUAJ&K TO RAISE AWARENESS OF BREASTFEEDING AMONG STUDENTS AND THE PUBLIC.



SEMINAR ON WOMEN EDUCATION AND EMPOWERMENT, ORGANIZED BY THE EDUCATION DEPARTMENT FOR STUDENTS AND PUBLIC



Assisting Local Schools in Teaching Practices

WUAJ&K frequently engages multiple student groups to assist local schools in teaching practices. The major purpose is to promote collaboration among educational institutions, communities, and schools to enhance teaching practices and promote sustainable development goals. In this regard, the faculty visits regularly to get feedback from students about the effectiveness of this activity. Engaging the community and major stakeholders will improve education quality and contribute to communities' local, sustainable development.

Mental Health Screening Camp

WUAJ&Kh occasionally arranges mental health screening camps in collaboration with local healthcare providers and welfare organizations for local society schools, colleges, and the general public. This activity is intended to raise awareness, support, and promote education regarding sustainable health within the community. It also encourages the active engagement of the local stakeholders in promoting wellbeing and mental health as an overall part of education for sustainable development.



TRAINING SESSIONS BY PHYSICS FACULTY MEMBERS AT READ FOUNDATION SCHOOL AND COLLEGE, BAGH



MENTAL HEALTH SCREENING CAMP AT AGHOSH ALKHIDMAT BAGH



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SUSTAINABLE DEVELOPMENT GOALS

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