



## **Vocational Training Events (lifelong learning)**

In 2024, the Women University of Azad Jammu and Kashmir, Bagh, actively promoted lifelong learning by several vocational training events and executive education programs open to the general public. The aim of these events was to equip participants with practical skills, raise awareness of contemporary challenges, and foster personal and professional development.

### **Kitchen Gardening Training and Seminar**

Many vocational training sessions were organized to teach participants, including the general public, practical skills in kitchen gardening, such as soil management, plant selection, and sustainable gardening practices, enabling them to apply these techniques at home or as a source of small-scale income. [\(Annex. I\)](#)

### **Freelancing Training**

This vocational training program was designed to equip participants with practical skills for freelancing, including navigating digital platforms, identifying opportunities, and developing the competencies necessary to work successfully and independently in the global gig economy. [\(Annex. II\)](#)

### **Training on Vegetable Cultivation**

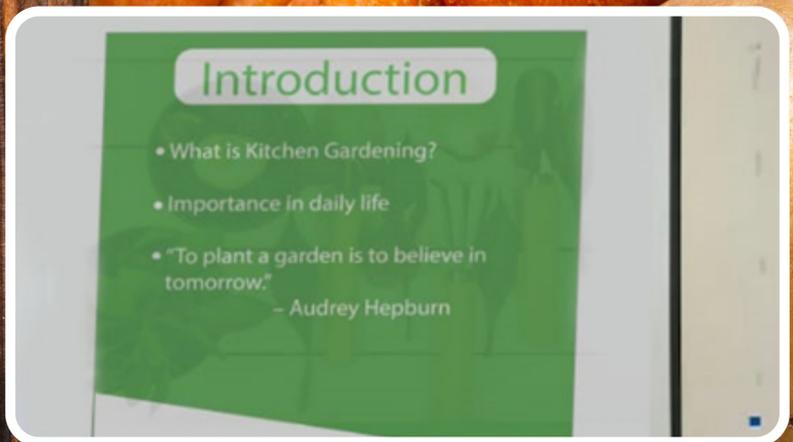
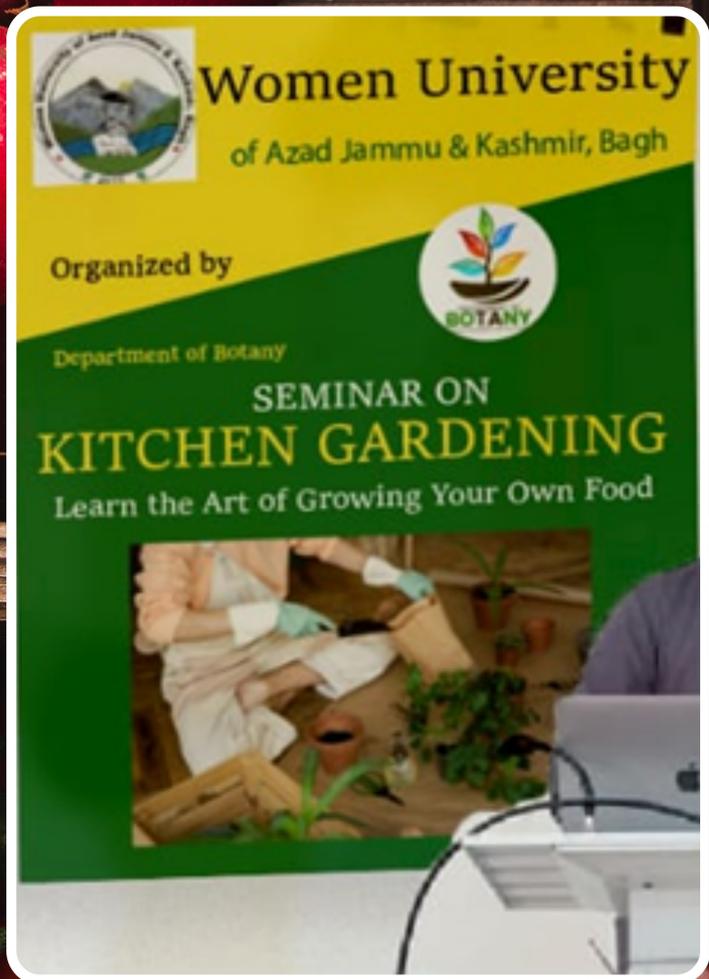
The university organized a vocational training on vegetable cultivation to provide practical skills for sustainable home and small-scale farming. It includes soil management, seed selection, planting, and maintenance, enabling participants to grow nutritious vegetables and generate income through small-scale farming initiatives. [\(Annex. III\)](#)





**Seminar on Kitchen gardening**

**04 November, 2024**



**Introduction**

- What is Kitchen Gardening?
- Importance in daily life
- "To plant a garden is to believe in tomorrow."  
– Audrey Hepburn



## Kitchen Gardening Training

November, 2024



Wolken University of  
SAUDI ARABIA

# ONLINE EARNING / FREELANCING

Presentation by Tabinda Ishtiaq

## Seminar on Online Earning and Freelancing Opportunities

09 April, 2024

F R E E L A N C I N G



### WHY

Why online earning can be a great fit for students alongside their education?



## Seminar and Demonstration on Vegetable Cultivation

05 November, 2024

