17.4.1 Education for SDGs – commitment to meaningful education

1. Medical Camp for the Local Community

A free medical camp was organized by Women University of Azad Jammu & Kashmir, Bagh, in collaboration with the University Health Unit. The initiative aimed to facilitate access to basic healthcare services and promote the health and well-being of the local community. This community-oriented initiative demonstrated the University's commitment to public health, community service, and the promotion of accessible healthcare. (Annex I)

2. Dengue Awareness Seminar

The Department of Zoology, Women University of Azad Jammu & Kashmir, Bagh, organized a Dengue Awareness Seminar featuring Dr. Umar Ayaz Aslam Sheikh as the guest speaker. The seminar aimed to educate students and participants about dengue fever, its transmission, common symptoms, preventive measures, and the importance of early diagnosis and timely medical care. The guest speaker highlighted practical strategies for dengue prevention, including eliminating stagnant water, maintaining a clean environment, and adopting measures to prevent mosquito bites. The initiative also supported community outreach by promoting health education beyond the classroom and encouraging participants to share preventive information within their families and local communities. (Annex II)

3. Blood Donation Camp

A Blood Donation Camp was organized in 2025, in collaboration with District Headquarters (DHQ) Hospital Bagh and Jehad for Zero Thalassemia (JZT). The initiative aimed to promote voluntary blood donation and support patients requiring blood transfusions, particularly those living with thalassemia and other medical conditions. Students, faculty members, and administrative staff actively participated in this humanitarian activity, demonstrating a strong spirit of social responsibility and community service. The camp highlighted the importance of voluntary blood donation in saving lives and strengthening community healthcare support systems. (Annex III)

4. Mental Health and Counseling Session for students of Cambridge School System, Bagh

On February 2025, the Department of Allied Health Sciences, in collaboration with the Department of Psychology, organized a Mental Health and Counseling Session for students of Cambridge School System, Bagh. The session aimed to promote mental health awareness

and support students in developing healthy coping strategies for everyday challenges. Key areas of discussion included stress management, emotional well-being, and the importance of recognizing and addressing mental health concerns. This outreach initiative strengthened the University's engagement with the local community by extending mental health education beyond the campus and encouraging a supportive environment for young learners. (Annex IV)

5. World Mental Health Day 2025: Community Outreach and Mental Health Awareness

On October 10, 2025, the Department of Psychology, Women University of Azad Jammu & Kashmir, Bagh, collaborated with Aghosh Alkhidmat Bagh to observe World Mental Health Day through a series of community outreach activities. Students and faculty members engaged children in art and expression workshops, role-plays on kindness and friendship, and positive psychology activities designed to promote emotional awareness, empathy, resilience, and psychological well-being. The initiative extended mental health education beyond the university campus and fostered a supportive and inclusive environment for children in the local community. This collaborative effort demonstrated the University's commitment to community service, mental health promotion, and holistic development. (Annex V)

6. Breast Cancer Awareness Seminar and Walk

The University organised a breast cancer awareness seminar and walk to connect students' education with an important public health and community awareness issue. The activity provided students with knowledge about breast cancer prevention, early detection, health awareness and the importance of seeking timely medical support, while the awareness walk extended learning beyond the university campus into public engagement. The initiative contributed particularly to SDG 3 (Good Health and Well-being) and supported the principles of SDG 5 (Gender Equality) by promoting awareness of a health issue that disproportionately affects women and encouraging informed and proactive health behaviour. By combining awareness, experiential participation and community outreach, the activity demonstrates the University's commitment to making SDG education meaningful, practical and relevant to students and society. (Annex VI)

7. Seminar titled "The Global Goals

The Department of Physics organized a seminar titled "The Global Goals" on 17 September 2025, featuring Syeda Zoha Kazmi as the speaker. She delivered an informative presentation

on the 17 United Nations Sustainable Development Goals (SDGs), explaining their significance in addressing global challenges such as poverty, hunger, quality education, health, climate change, and environmental sustainability. The seminar highlighted the importance of collective efforts and shared responsibility in achieving these goals for a sustainable and prosperous future. The event provided an opportunity for participants to enhance their awareness of global development priorities and their relevance to society. (Annex VII)

EVIDENCE

Annex I



Annex II



Annex III



Blood Donation Camp



Annex IV

Mental Health outreach at Cambridge college



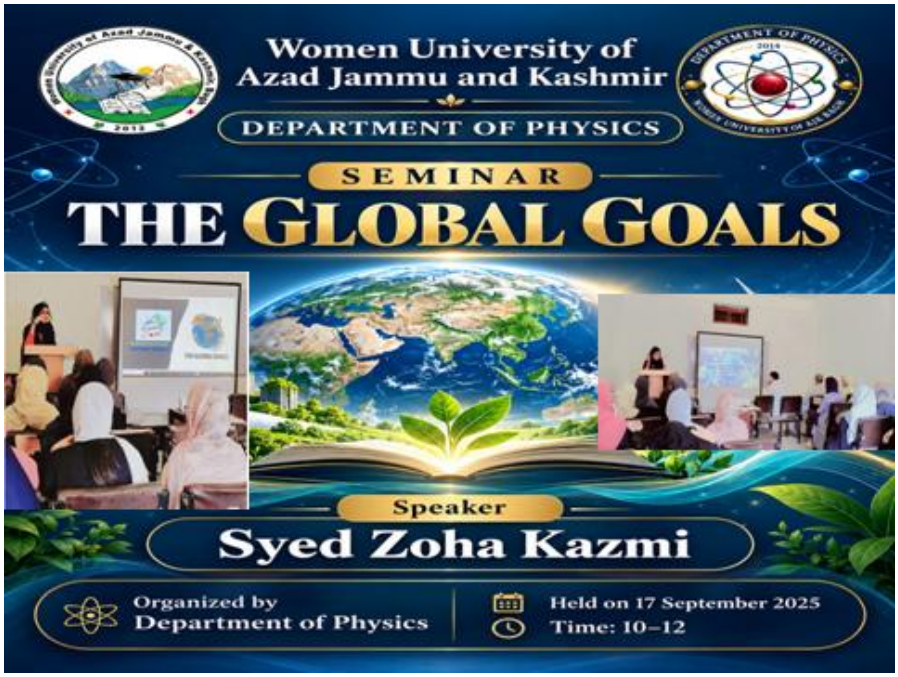
Annex V



Annex VI



Annex VII


Women University of
Azad Jammu and Kashmir
DEPARTMENT OF PHYSICS
SEMINAR
THE GLOBAL GOALS
Speaker
Syed Zoha Kazmi
Organized by
Department of Physics
Held on 17 September 2025
Time: 10–12